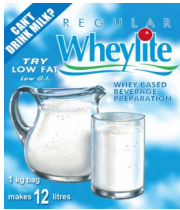


the chocolate flavour is Cocoa

What is WHEYLITE ? Code N2

WHEYLITE is a delicious, nutritious, low fat, low kilojoule food drink based on whey. Whey, which naturally contains many nutrients, is the substance remaining when the fat and other components unsuitable for human needs, have been extracted from whole milk in the cheese making process.



Human breast milk is 80% Whey

WheyLite has no cholesterol, has half the fat of full cream milk and a much lower lactose content. That makes it far less likely to cause the allergic reactions like runny noses, sinus or coughs that affect both children and adults. Cow's and goat's milk has **11** allergens, while WheyLite has only **3**. WheyLite contains no animal fat which raises cholesterol. We use vegetable fat and very little, only 1.2 grams per 100mls. Best of all, it tastes great and can be used anywhere you would normally use milk

CALCIUM Cow's milk has a calcium-phosphorous ratio of 1.16 to 1, WheyLite has the more favourable 1.4 to 1
SUGAR, LACTOSE and PROTEIN

We must have some sugars. In WheyLite, the carbohydrate content is mainly made up of Corn Syrup with a reduced lactose content. In the case of lactose intolerance (Ailactasia), the sufferer lacks an enzyme that would normally convert the lactose (the sugar of milk) into glucose and galactose. The main protein in full cream milk is casein. In the cheese making process most of the casein ends up making the cheese itself. The whey that is left contains the protein Sodium Caseinate which has proven to be much less likely to provoke any allergic reaction. When you compare WheyLite to whole milk, it has only 36% protein and just 30% of casein content. This is good because most people eat far too much meat protein. *Since 1982 WheyLite has been used as an alternative to milk and to help over two hundred thousand Australians with dietary conditions*



How many times have you heard of someone being advised by an "expert" to have no "dairy" products? Does that mean, no meat, no leather shoes, no manure on the garden because it might get into your home grown vegetables? What they probably mean is the whole package of the animal milk. If you are told, "no dairy", ask them what they really mean, *if they actually know.*

Also, you would be well advised not to drink ocean water, however, if all the salts and impurities were removed so that the remainder was pure H2O, would you freak out and say. "Oh no ... I can't have that, it's ocean derived"? Such is the logic of the widely promoted "no dairy" teaching. Whey is surely good stuff, even if it is "dairy derived"

Remember - Whey is 80% of human milk.

makes 10 litres

CUSTARD DELITE

Code CD



Make custard in minutes with no lumps every time! Custard Delite is especially formulated with reduced sugar and is based on whey, instead of full cream milk. Custard Delite is ideal served hot or cold.

500 gms makes 4 litres

CHICKEN SOUP BASE

Code SBC



Low salt levels and NO MSG. Can be used with vegetables to make more interesting meals or as a thickening agent and to make sauces and gravies.

600 gm makes 8.5 litres

MOCHALITE

Code MCL



A delicious blend of Coffee and Chocolate WheyLite for those wanting to reduce their caffeine intake

SHAMPOO Code Code JS

The use of natural ingredients such as hydrolysed protein and Aloe Vera gel, ensure a shampoo that is pH balanced. For dry, normal or oily hair, this shampoo will suit you. **No SLS**



500 mls

Eco Egg for Laundry

Code EGG



STAIN REMOVER Code

SR This is truly a bottle of magic should be in every laundry.

No Fuss' stain remover gets rid of those stubborn ground in stains, even those that are days old. No wastage

The roll-on applicator assures every drop of Stain Remover goes exactly on the stain. No mess or wastage.

No harsh solvents, no bleaches or harmful chemicals.



An environmentally friendly chemical free alternative to chemical laden laundry powders and liquids.

It is a plastic egg-shaped casing filled with mineral pellets (magnesium, potassium and iron) and gemstone (tourmaline pellets). It uses less water, less electricity and costs than 7c per wash, The Eco Egg comes with enough pellets to do 720 washes lasting the average family 3 or more years,



THE AMAZING PLANT ALOE VERA

Although Aloe Vera has become more talked about and known in recent decades - it is certainly not new. Aloe Vera has been used since the days of Cleopatra.

The botanical name is 'Aloe Vera Barbadenisis' Miller strain. The leaves of this remarkable plant contain a clear cellular gel which has been credited with healing and soothing when applied to the skin, or relieving many ailments when ingested.

DEODORANT Code JD



Completely aluminium FREE The easy to use "roll-on" dispenser fits easily into your handbag or travel kit.

60 mls

A most pleasant fragrance

HEAT RUB Code HR



An entirely different formulation so as not to cause heating of the skin. It may be massaged in as required.

The active ingredients are Aloe Vera, which combines its near magical properties with Methyl Salicylate, Eucalyptus Oil and Tea Tree Oil. The Aloe Vera content is the factor in **reducing pain**.

HAND CREAM Code JH



Containing a delicate **Camomile** fragrance and naturally active ingredients to replace missing moisture and protect

your skin and leave your hands smooth and supple

For men and women.



MOISTURISER Code AVM

Contains as much fresh Aloe Vera juice as possible, almost 80%.

It can be left on all day and even used under make-up

without making your skin feel oily or dry.

ALOE BALM Code AB



NATURE'S BEST OINTMENT

It is 90% pure stabilised

Aloe extracted from best quality, chemical-free leaf. This stabilised jelly is excellent for treating and healing of burns, skin itches, cuts and scratches as well as windburn and sunburn.

The Aloe Vera content is the factor in reducing pain

SUPER SAF Code SAF



A comprehensive household and garden insect spray against flies, mosquitoes, lice, fleas, ticks, spiders, silverfish, cockroaches, ants, moths and garden pests.

Safe on people

500 ml makes 2.5 litres



SAFA



SAFP

SOFT CLEAN Code CCS

Never use soap again By switching to Soft Clean, you will **never have to clean the bath or shower again** and you will make substantial savings by not having to buy bathroom cleaners.



NO Animal Fat, the cause of **bath tub rings and soap scum** in recesses. **Excellent for shower**

pH balanced to protect the delicate mantle of your skin.

No harsh detergents that can leave your skin dry and flakey

Great for shaving - leaves your skin feeling great and extends your razor blade life



DCA

Great for **hand washing** delicates. This wonderful natural blend product for personal care and delicate cleaning derives 70% of its actives from natural coconut. Soft Clean has a **pH of 5.5** which is the same as human skin. Great for tender babies skin too. Soft Clean is ideal for all personal washing, showering and shaving. It is great for a **bubble bath** (sudsy fun without skin irritation) and it eliminates forever the dreaded **bath tub ring**. It is convenient and easy to use with a sponge.



MCA

MULTI CLEAN Code CCM

Concentrated, so it costs far less than other comparable cleaners. By varying the mixing strength of Multi Clean, it can replace a multitude of expensive cleaners from the supermarket.

Multi Clean is versatile and can handle a variety of cleaning jobs - from car engines to jewelry.

1 litre Concentrate makes 21 litres normal mix.



HCA

HYGIENE CLEAN Code CCH

ANTISEPTIC DISINFECTANT

The formulation includes the natural antiseptic and disinfectant properties of Eucalyptus. Truly a Most economical and effective germicide for home use.

1 litre Concentrate makes 21 litres of normal strength mix when diluted with water.

Wheylite Foundation

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